










September 2010 Lunch Menu



Lunch Menu Prices	Monday	Tuesday	Wednesday	Thursday	Friday
Student Lunch \$2.00 Faculty Lunch \$3.25 2nd Student Entrée \$1.25 Extra Fruit/Vegetable \$.60 Milk \$.50 4 oz. Assorted Juice \$.40 16.9 oz. Water \$1.00 Snapple Juice \$1.25 Assorted Snacks \$.10 - \$.75	Balloons for Balanced Lunch Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy 		Five Servings of Fruits and Vegetables per day provide essential vitamins and nutrients for a healthier YOU!!! 	**Come visit the cafeteria at Back to School Night** Learn about the Lunch and Breakfast choices, and payment options. View our computerized Point of Sale with Finger Scan Technology. You may also Pre Pay for your children's meals and view their account.	
Available Daily with Lunch: Milk Choices: 1%, Skim, Low Fat Choc. & Low Fat Strawberry Fruit Choices: Fresh Fruit, Juice, or Cup of Fruit Cracker Basket	6 Labor Day School Closed 	7 WELCOME BACK! Early Dismissal "Bagged Lunches" Assorted Sandwiches Fun Size Snack Raisins 100% Fruit Juice Cup Milk Choice	8 Early Dismissal "Bagged Lunches" Assorted Sandwiches Fun Size Snack Baby Carrots 100% Fruit Juice Cup Milk Choice	9 Chicken Nuggets w/ Dip & Dinner Roll or Hot Dog on a Bun Lunch Choice Includes: Golden Corn Chilled Peaches Milk Choice	10 Domino's Pizza or Tuna Sandwich Lunch Choice Includes: Fun Size Carrots Assorted Fruit Milk Choice
Alternate Lunches with Milk: Peanut Butter/Jelly on Wheat w/ String Cheese and Menu Sides Deli Sandwich with Chips, Fruit, and Juice Bagel/Cream Cheese w/Juice Trail Mix, Fruit, and Yogurt Cereal Bowl w/Pretzels Fruit, Cheese Pack, and Juice Salad Lettuce, Dressing, Veggies, Cheese, and Croutons	13  Meatball Sandwich on a Torpedo Roll or Hot Dog on a Bun Lunch Choice Includes: Seasoned Green Beans Chilled Fruit Mix Milk Choice	14 <i>Enjoy Breakfast for Lunch!</i> French Toast Sticks with Sausage Links or Turkey and Cheese on Roll Lunch Choice Includes: 100% Fruit Juice Cup Cinnamon Applesauce Milk Choice	15 Assorted Hoagies or Chicken Patty on a Bun Lunch Choice Includes: Lay's Potato Chips Lettuce and Tomato Diced Pears Milk Choice	16 Pork Ribbies on Roll or Cheeseburger Lunch Choice Includes: French Fries Chilled Peaches Milk Choice	17  Little Caesar's Pizza or Tuna Sandwich Lunch Choice Includes: Fun Size Carrots Assorted Fruit Milk Choice
Pre Paid Lunch Meals Available in Advance: Full Pay: #Days X \$2.10 or Reduced Pay: #Days X \$0.40 Payment accepted Daily: Enclose in an envelope marked with student's name, teacher's name, and amount enclosed. Check Payable to Clementon Cafeteria	20 Cheese Steak Sandwich on a Torpedo Roll or Hot Dog on a Bun Lunch Choice Includes: Tator Tots Chilled Fruit Mix Milk Choice	21 **Back-to-School Night** Early Dismissal "Bagged Lunches" Assorted Sandwiches Fun Size Snack Raisins 100% Fruit Juice Cup Milk Choice	22 **Back-to-School Night** Early Dismissal "Bagged Lunches" Assorted Sandwiches Fun Size Snack Baby Carrots 100% Fruit Juice Cup Milk Choice	23  Twin Crispy Tacos with Toppings or Cheeseburger Lunch Choice Includes: Lettuce and Tomato Cinnamon Applesauce Milk Choice	24 Domino's Pizza or Tuna Sandwich Lunch Choice Includes: Garden Salad Assorted Fruit Milk Choice
	27 Crispy Chicken Tenders or Buffalo Chicken Tenders & Dinner Roll or Hot Dog on a Bun Lunch Choice Includes: Golden Corn Chilled Peaches Milk Choice	28  Pepperoni or Plain Cheese Pizza Slice or Turkey and Cheese on Roll Lunch Choice Includes: Seasoned Green Beans 100% Fruit Juice Cup Luigi's Sherbet Cup Milk Choice	29 Grilled Cheese or Chicken Patty on a Bun Lunch Choice Includes: Tomato Soup Mini Carrots with Dip Chilled 100% Juice Cup Milk Choice	30 "Coupon Day" Crispy Breaded Chicken or Cheeseburger Lunch Choice Includes: Carrot Coins 100% Fruit Juice Linden's Cookie Milk Choice	FYI Milk Allergy?? With a Doctor's Note: Students with a milk allergy are permitted to receive juice in place of milk